

# ANOREXICS BULIMICS ANONYMOUS MEETING DIRECTORY

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**Monday 7:30 pm** (men and women, open)

*WILLING HEARTS*

North Shore Alano Club, 176 2<sup>nd</sup> Street East, North Vancouver, BC  
Phone: 604-992-4871 or 604-307-7528

**Tuesday 7:00 pm** (Women only, open)

Avalon Vancouver, 5957 West Boulevard Vancouver, BC  
Phone: 604-263-7177

**Wednesday 7:00 pm** (Women only, open)

*JOURNEY TO THE LIGHT*

Avalon North Shore, #203 - 657 Marine Drive, West Vancouver  
BC Ph: 604-913-0477

**Saturday 9:30 am** (Women only, open)

Avalon North Shore, #203 - 657 Marine Drive, West Vancouver  
BC Ph: 604-913-0477

## TELEPHONE MEETINGS

**Monday Night ABA Phone Meeting**

**5:30pm - 6:30pm Eastern Time**

**Access Number: (712) 432-3900**

**Access Code: 3800774**

**\*\*You must disable your call waiting by using \*70 prior to calling into the meeting.**

**\*\*To mute your line for sharing press 6 on your phone keypad – to unmute press 7.**

**\*\*\*If you experience difficulty with the above access number ensure you are on a land line.**

**Friday Discussion Meeting**

**8:30am - 9:30pm Eastern Time**

**Contact: Barbara - (978) 283-8759**

**Access Number: (518) 825-1300**

**Access Code: 22657**

**\*\*You must disable your call waiting by using \*70 prior to calling into the meeting.**

**\*\*To mute your line and to unmute for sharing press 6 on your phone keypad.**

**\*\*\*If you experience difficulty with the above access number ensure you are on a land line.**

**ANOREXICS BULIMICS ANONYMOUS website and head office:**

**[www.anorexicsandbulimicsanonymousaba.com](http://www.anorexicsandbulimicsanonymousaba.com)**

Speaker CD's, books and mini books are for sale from the head office.