

Volunteer Process

- 1) Submit your application at lookingglassbc.com/volunteer/
- 2) Register for, and attend, a Volunteer Information Session
- 3) Complete an interview with the Volunteer Manager
- 4) Attend program trainings

“My LGF mentors support me and help me learn to show up for myself, and that has made all the difference in my wellness story.” - Participant

Info Sessions: Required for all new volunteers. One-hour information session covering LGF programs, roles, processes, etc. Can attend in-person **or** online Zoom video conference.

EDs 101: Essential introductory module to digital peer support volunteering (OPS chats & ISS forums). Offered via online Zoom video conference.

Hand in Hand: In-person, one-to-one peer support training. 2-day intensive, both days required. Catered.
**Please note: The Autumn Hand in Hand training dates are TBA, either Sept or Oct.*

****ALL DATES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE****

JANUARY

Info Sessions
 Sat. 19th, 10:30 - 11:30am
 Wed. 16th, 6:00 - 7:00pm

Hand in Hand
 Sat. 19th & Sun. 20th, 9:30 - 5:00pm

FEBRUARY

Info Sessions
 Wed. 13th, 6:00 - 7:00pm
 Sat. 16th, 10:30 - 11:30am

EDs 101
 Mon. 25th, 6:00 – 9:00pm

MARCH

Info Sessions
 Wed. 13th, 6:00 - 7:00pm
 Sat. 16th, 10:30 - 11:30am

EDs 101
 Sat. 30th, 9:30 – 12:30

APRIL

Info Sessions
 Sat. 13th, 10:30 - 11:30am
 Wed. 17th, 6:00 - 7:00pm

Hand in Hand
 Sat. 13th & Sun. 14th, 9:30 - 5:00pm

EDs 101
 Mon. 29th, 6:00 – 9:00pm

MAY

Info Sessions
 Sat. 4th, 10:30 - 11:30am
 Wed. 8th, 6:00 - 7:00pm

EDs 101
 Sat. 25th, 9:30 – 12:30

JUNE

Info Sessions
 Sat. 8th, 10:30 - 11:30am
 Wed. 12th, 6:00 - 7:00pm

Hand in Hand
 Sat. 22nd & Sun. 23rd, 9:30 - 5:00pm

EDs 101
 Mon. 24th, 6:00 – 9:00pm

JULY

Info Sessions
 Sat. 6th, 10:30 - 11:30am
 Wed. 10th, 6:00 - 7:00pm

EDs 101
 Sat. 27th, 9:30 – 12:30

AUGUST

Info Sessions
 Wed. 14th, 6:00 - 7:00pm
 Sat. 17th, 10:30 - 11:30am

EDs 101
 Mon. 26th, 6:00 – 9:00pm

***SEPTEMBER**

Info Sessions
 Sat. 7th, 10:30 - 11:30am
 Wed. 11th, 6:00 - 7:00pm

EDs 101
 Sat. 21st, 9:30 – 12:30

***OCTOBER**

Info Sessions
 Sat. 5th, 10:30 - 11:30am
 Wed. 9th, 6:00 - 7:00pm

EDs 101
 Mon. 28th, 6:00 – 9:00pm

NOVEMBER

Info Sessions
 Sat. 2nd, 10:30 - 11:30am
 Wed. 6th, 6:00 - 7:00pm

EDs 101
 Sat. 23rd, 9:30 – 12:30

DECEMBER

There are no trainings scheduled in December. See you in 2020!

**HiH training in Autumn TBA: either Sept or Oct.*