

Volunteer Process

- 1) Submit your application at lookingglassbc.com/volunteer/
- 2) Register for, and attend, a Volunteer Information Session
- 3) Complete an interview with the Volunteer Manager
- 4) Participate in program trainings & follow-ups

“My LGF mentors support me and help me learn to show up for myself, and that has made all the difference in my wellness story.” - Participant

Info Sessions: Required for all new volunteers. One-hour information session covering LGF programs, roles, processes, etc. Can attend in-person or online Zoom video conference.

EDs 101: Essential introductory module to digital peer support volunteering (OPS chats & ISS forums). Offered via online Zoom video conference.

Hand in Hand: In-person, one-to-one peer support training. 2-day intensive, both days required. Catered.
**Please note: The Autumn Hand in Hand training dates are TBA: Sept, Oct, or Nov.*

****ALL DATES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE****

APRIL

Info Sessions

Sat. 13th, 10:30 - 11:30am
 Wed. 17th, 6:00 - 7:00pm

Hand in Hand

Sat. 13th & Sun. 14th, 9:30 - 5:00pm

~~EDs 101~~ **CANCELED**

~~Mon. 29th, 6:00 - 9:00pm~~

MAY

Info Sessions

Sat. 4th, 10:30 - 11:30am
 Wed. 8th, 6:00 - 7:00pm

EDs 101

Sat. 25th, 9:30 - 12:30

JUNE

Info Sessions

Sat. 8th, 10:30 - 11:30am
 Wed. 12th, 6:00 - 7:00pm

Hand in Hand ****DATE CHANGE**

Sat. 8th & Sun. 9th, 9:30 - 5:00pm

EDs 101

Mon. 24th, 6:00 - 9:00pm

JULY

Info Sessions

Sat. 6th, 10:30 - 11:30am
 Wed. 10th, 6:00 - 7:00pm

EDs 101

Sat. 27th, 9:30 - 12:30

AUGUST

Info Sessions

Wed. 14th, 6:00 - 7:00pm
 Sat. 17th, 10:30 - 11:30am

EDs 101

Mon. 26th, 6:00 - 9:00pm

***SEPTEMBER**

Info Sessions

Sat. 7th, 10:30 - 11:30am
 Wed. 11th, 6:00 - 7:00pm

EDs 101

Sat. 21st, 9:30 - 12:30

***OCTOBER**

Info Sessions

Sat. 5th, 10:30 - 11:30am
 Wed. 9th, 6:00 - 7:00pm

EDs 101

Mon. 28th, 6:00 - 9:00pm

***NOVEMBER**

Info Sessions

Sat. 2nd, 10:30 - 11:30am
 Wed. 6th, 6:00 - 7:00pm

EDs 101

Sat. 23rd, 9:30 - 12:30

DECEMBER

There are no trainings scheduled in December. See you in 2020!

**HiH training in Autumn TBA: Sept, Oct, or Nov.*