

Volunteer Process

- 1) Submit your application at lookingglassbc.com/volunteer
- 2) Register for, and attend, a Volunteer Information Session
- 3) Complete an interview with the Volunteer Manager
- 4) Participate in program trainings & follow-ups

*“My LGF mentors support me and help me learn to show up for myself, and that has made **all the difference** in my wellness story.”*
- Participant

Info Sessions: Required for all new volunteers. One-hour information session covering LGF programs, roles, processes, etc. Can attend in-person or online Zoom video conference.

EDs 101: Essential introductory module to digital peer support volunteering (OPS chats & PRS forums). 3.5 hour session, with a 10 minute break, delivered via online Zoom video conference.

Hand in Hand: In-person, one-to-one peer support training. 2-day intensive, both days required. Catered.
**Please note: The September Hand in Hand training dates are tentative – may change.*

All training dates are **subject to change** without prior notice – please check for updates!

JUNE

Info Sessions

- Sat. June 1st 10:30 – 11:30am
- Sat. 8th, 10:30 - 11:30am
- Wed. 12th, 6:00 - 7:00pm

Hand in Hand *DATE CHANGE***

- Sat. 8th & Sun. 9th, 9:30 - 5:00pm

(JUNE cont'd)

EDs 101

- ~~Mon. 3rd, 6:00 – 9:30pm~~
- Mon. 17th, 6:00 – 9:30pm**
- Mon. 24th, 6:00 – 9:30pm**

*** JULY**

Info Sessions

- Sat. 6th, 10:30 - 11:30am
- Wed. 10th, 6:00 - 7:00pm

~~EDs 101 CANCELED~~

- ~~Sat. 27th, 9:00 – 12:30~~

*** AUGUST**

Info Sessions

- Wed. 14th, 6:00 - 7:00pm
- Sat. 17th, 10:30 - 11:30am

EDs 101

- Mon. 26th, 6:00 – 9:30pm

*** SEPTEMBER**

Info Sessions

- Sat. 7th, 10:30 - 11:30am
- Wed. 11th, 6:00 - 7:00pm

EDs 101

- Sat. 21st, 9:00 – 12:30

***Hand in Hand**

- Sat. 28th & Sun. 29th, 9:30 - 5:00pm

OCTOBER

Info Sessions

- Sat. 5th, 10:30 - 11:30am
- Wed. 9th, 6:00 - 7:00pm

EDs 101

- Mon. 28th, 6:00 – 9:30pm

NOVEMBER

Info Sessions

- Sat. 2nd, 10:30 - 11:30am
- Wed. 6th, 6:00 - 7:00pm

EDs 101

- Sat. 23rd, 9:00 – 12:30

****JULY/AUGUST training dates for EDs 101 may change due to staffing considerations.***

****SEPTEMBER training dates for Hand in Hand may change.***

DECEMBER

There are no trainings scheduled in December. See you in 2020!