

Volunteer Process

- 1) Submit your application at lookingglassbc.com/volunteer/
- 2) Register for, and attend, a Volunteer Interview
- 3) Participate in program trainings & follow-ups

“My LGF mentors support me and help me learn to show up for myself, and that has made all the difference in my wellness story.” - Participant

- EDs 101:** Essential introductory module to digital peer support volunteering (OPS chats & PRS forums). Offered via online Zoom video conference.
- Hand in Hand:** In-person, one-to-one peer support training. 2-day intensive, both days required. Catered.
- HiH Follow-up:** Optional follow-up training for Hand in Hand Volunteers. Offered via online Zoom Video Conferencing.
- Gala Orientation :** Essential in-person Gala Orientation for Gala Volunteers.

****ALL DATES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE****

JANUARY

- EDs 101**
Sat. 11th, 9:00am-12:30pm
- HiH Follow-up**
Sat. 25th, 9:00am - 10:30am

FEBRUARY

- Hand in Hand**
Sat. 22nd & Sun. 23rd, 9:00am - 4:30pm

MARCH

- EDs 101**
Mon. 9th, 6:00pm - 9:30pm
- Gala Orientation**
Sat. 28th, 10:00am-12:00pm

APRIL

- Hand in Hand**
Sat. 25th & Sun. 26th, 9:00am - 4:30pm

MAY

- EDs 101**
Sat. 30th, 9:00am - 12:30pm

JUNE

- Hand in Hand**
Sat. 13th & Sun. 14th, 9:00am - 4:30pm
- HiH Follow-up**
Sat. 21st, 9:00 – 10:30

JULY

- EDs 101**
Mon. 6th, 6:00 - 9:30pm

AUGUST

- EDs 101**
Sat. 29th, 9:00am - 12:30pm

SEPTEMBER

- Hand in Hand**
Sat. 19th & Sun. 20th, 9:00am - 4:30pm
- HiH Follow-up**
Sat. 26th, 9:00am-10:30am

OCTOBER

- EDs 101**
Mon. 19th, 6:00pm - 9:30pm

NOVEMBER

- Hand in Hand**
Sat 21st & Sun. 22nd, 9:00am - 4:30pm

DECEMBER

**There are NO trainings in December, see you in 2021!*