2019 IN REVIEW

OVER **1,000** INDIVIDUALS SUPPORTED

Recovery is Possible.

LOOKING GLASS FOUNDATION

LOOKINGGLASS

TO OUR DONORS, SUPPORTERS, VOLUNTEERS

On behalf of our Emeritus, Board of Directors and Staff, we express our deep appreciation to you for believing in and supporting our Mission: Looking Glass Foundation's programs and services decrease isolation, instill hope, and sustain recovery for individuals across British Columbia who are impacted by eating disorders.

Please reach out to us any time – we love to hear from you.

With kind regards,

Debbie Slattery, Board Chair
debbie@lookingglassbc.com

Susan Climie, Executive Director
susan@lookingglassbc.com

OUR VALUES

Compassion - Hope - Integrity - Accessibility
Collaboration - Accountability - Courage

COMPASSIONATE PEER SUPPORT OPTIONS TO HELP INDIVIDUALS OF ALL GENDERS ON THEIR HEALING JOURNEYS.

120 HAND IN HAND MATCHES

18 MONTHS AVERAGE MATCH LENGTH

Hand in Hand: One-to-one peer mentoring that combats isolation – in person or virtual – for people aged 16 and above.

73 PERSONAL RECOVERY SPACE MATCHES

8.5 MONTHS AVERAGE MATCH LENGTH

Personal Recovery Space: Private digital forum accessible 24/7, offering empathetic support to individuals 14 years and older.

270 ONLINE PEER SUPPORT UNIQUE PARTICIPANTS

312 OPS CHATS TOOK PLACE

Online Peer Support: Real-time confidential small group chats that are encouraging for participants aged 14 and above.

OVER
500

SUPPORT & OUTREACH CONNECTIONS

Over 500 people reached out to us via phone, email or in person to receive support for themselves or for a loved one.

5

SCHOLARSHIPS AWARDED

5 Looking Glass scholarships were awarded to BC undergraduate students, who have experienced an eating disorder, to help them on their higher education journey.

OVER
300

ACTIVE VOLUNTEERS

Over 275 individuals volunteered in our programs, on our Board, served on various committees, and more. We also had 30 amazing volunteers at our 2019 Gala.

30

YOUTH BENEFITED FROM PROGRAMS AT THE LOOKING GLASS RESIDENCE

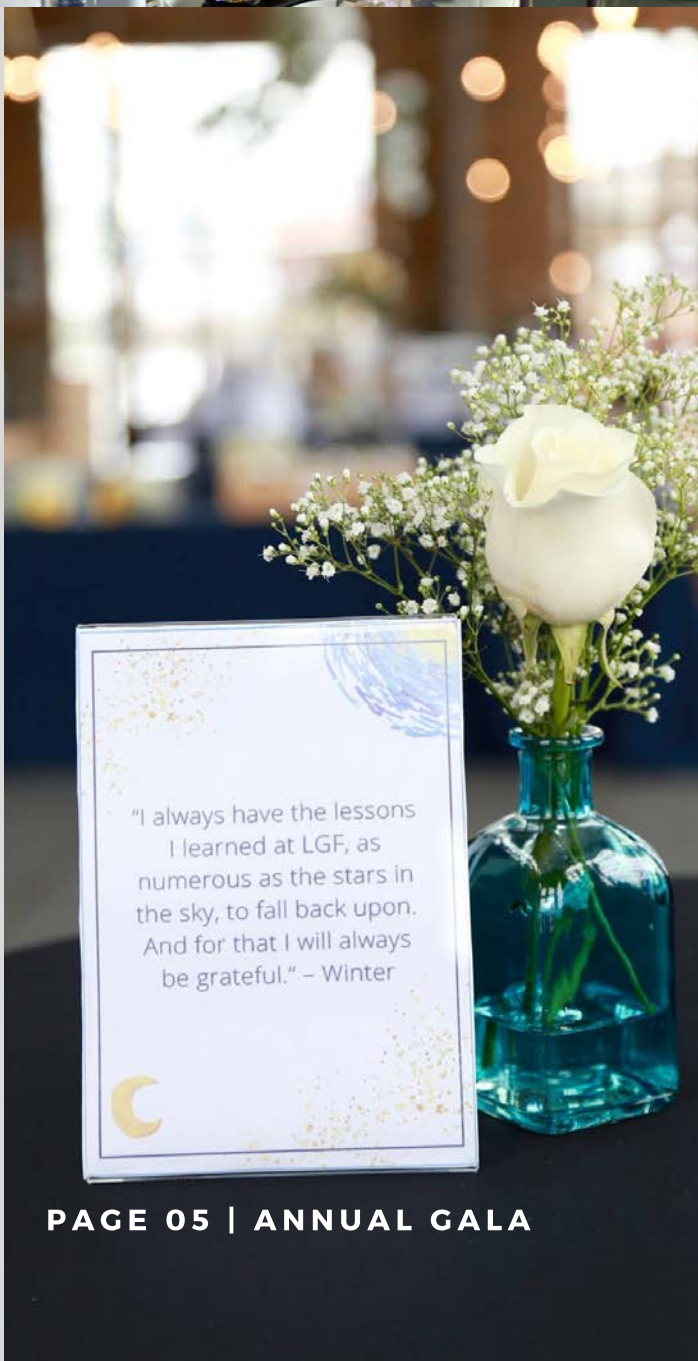
30 youth ages 16-24 benefited from Residence Enhancement Programs such as yoga therapy, restaurant challenges, art therapy and more. The Residence also saw 371 outpatient pre- and post- program visits.

350 ANNUAL GALA GUESTS

Our 2019 Annual Looking Glass Gala hosted 350 guests at the Rocky Mountaineer Station for a magical evening under the stars.

$400,000 RAISED

Thank you to our Gala Partners, Guests and Donors. You contributed $400,000 plus $100,000 in in-kind support at our 2019 Gala! Our community truly is full of glowing stars.



UPDATE ON OUR STRATEGIC GOALS

1 ENHANCE PROGRAM & SERVICE DELIVERY

In 2019, we enhanced our volunteer training resources by adding more robust content and streamlined the participate intake process.

2 EXPAND & DIVERSIFY FUNDING

We express our deepest gratitude to our donors and supporters – you enable healing, and we value every contribution.

3 INCREASE OUTREACH & AWARENESS

We underwent a light rebrand which included new program photography and a new graphic to represent our programs. We also reached over 5,000 followers across our social media channels.

4 STRENGTHEN OUR ORGANIZATION

We are deeply appreciative of our governance committee, who have done excellent work on risk management, and to our dedicated Board and Staff for their deep commitment to the Foundation.

QUOTES

LOOKING GLASS WAS THERE WHEN I NEEDED HELP THE MOST. THE PERSON WAS SO SUPPORTIVE. IN THAT MOMENT, I FELT MORE HOPE THAN I HAD IN YEARS. THANK YOU.

THE HAND IN HAND PROGRAM IS A SUPER POWER OF MINE!

I AM ETERNALLY GRATEFUL TO THE LGF COMMUNITY FOR HELPING ME AND I AM INCREDIBLY EXCITED TO HEAR THAT THE COMPANY I WORK FOR HAS DONATED TO HELP FUND ONLINE PROGRAMS SO THAT OTHERS CAN BENEFIT FROM YOUR TREMENDOUS COMMUNITY RESOURCES.

LOOKING GLASS SAVED OUR DAUGHTER'S LIFE.

BOARD OF DIRECTORS

Debbie Slattery - Board Chair

Michelle Stimac - Vice Chair

Julie Potter - Treasurer

Cheryl Tobias - Secretary

Malcolm Leitch - Past Chair

Members at Large

Linda Bonenfant

Dolores Elliot

Natalie Genest

Cliff McCracken

Anne Nickerson

Andrew Young

EMERITUS

Kari Boyle

Marilyn Clayton

Jill Davies

Joanne Gordon

Deborah Grimm

David Hollands

Verna Magee Shepherd

Andy Stashuk

2019 OPERATING REVENUE

$744,000

CHARITABLE REGISTRATION

#863814042 RR0001

FOR MORE INFORMATION

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