

**Volunteer Process**

- 1) Submit your application at [lookingglassbc.com/volunteer/](http://lookingglassbc.com/volunteer/)
- 2) Register for, and attend, a Volunteer Interview
- 3) Participate in program trainings & follow-ups

*“My LGF mentors support me and help me learn to show up for myself, and that has made all the difference in my wellness story.” - Participant*

- EDs 101:** Essential introductory module to digital peer support volunteering (OPS chats & PRS forums). Offered via online Zoom video conference.
- Hand in Hand:** In-person, one-to-one peer support training. 2-day intensive, both days required. Catered.
- Follow-up Trainings:** Optional follow-up training for Volunteers, specific to each program. Offered via online Zoom Video Conferencing.

**\*\*ALL DATES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE\*\***

<p style="text-align: center;"><b>APRIL</b></p> <p><b>HiH Follow-up Training</b> Sat. 25<sup>th</sup>, 9:00am-10:30am</p>	<p style="text-align: center;"><b>MAY</b></p> <p><b>EDs 101</b> Sat. 2<sup>nd</sup>, 9:00am-12:30pm</p> <p><b>PRS Follow-Up Training</b> Sat. 9<sup>th</sup>, 9:00am-10:30am</p> <p><b>Hand in Hand *TENTATIVE*</b> Sat. 30<sup>th</sup> &amp; Sun. 31<sup>st</sup>, 9:00am-4:30pm</p>	<p style="text-align: center;"><b>JUNE</b></p> <p><b>EDs 101</b> Sat. 6<sup>th</sup>, 9:00am-12:30pm</p> <p><b>HiH Follow-up Training</b> Sat. 27<sup>th</sup> 9:00am-10:30am</p>
<p style="text-align: center;"><b>JULY</b></p> <p><b>EDs 101</b> Mon. 6<sup>th</sup>, 6:00 - 9:30pm</p>	<p style="text-align: center;"><b>AUGUST</b></p> <p><b>EDs 101</b> Sat. 29<sup>th</sup>, 9:00am - 12:30pm</p>	<p style="text-align: center;"><b>SEPTEMBER</b></p> <p><b>Hand in Hand</b> Sat. 19<sup>th</sup> &amp; Sun. 20<sup>th</sup>, 9:00am - 4:30pm</p> <p><b>HiH Follow-up</b> Sat. 26<sup>th</sup>, 9:00am-10:30am</p>
<p style="text-align: center;"><b>OCTOBER</b></p> <p><b>EDs 101</b> Mon. 19<sup>th</sup>, 6:00pm - 9:30pm</p>	<p style="text-align: center;"><b>NOVEMBER</b></p> <p><b>Hand in Hand</b> Sat 21<sup>st</sup> &amp; Sun. 22<sup>nd</sup>, 9:00am - 4:30pm</p>	<p style="text-align: center;"><b>DECEMBER</b></p> <p><i>*There are NO trainings in December, see you in 2021!</i></p>