**Rise Above Scholarship Letter of Recommendation form**

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The Looking Glass Foundation, a BC-based registered charity founded in 2002, is a caring community for prevention and support for those suffering from anorexia, bulimia, binge eating, and other eating disorders. We recognize that individuals who are recovering, or who have recovered, from an eating disorder demonstrate impressive courage and strength as they face the very real challenges of this disorder. The Looking Glass Foundation Scholarship Program supports that recovery effort by helping them find a fresh start in life through education.

Please help us decrease isolation, instill hope, and sustain recovery for individuals across British Columbia who are impacted by eating disorders by providing a reference that, to the best of your knowledge, is an honest reflection of the applicant and their ability to *rise above* and give back in a way that is meaningful to the individual, in particular through volunteering, community service, and leadership. For more information about the Looking Glass Scholarship Program, please visit: www.lookingglassbc.com/scholarship/apply. If you have any questions please contact [scholarship@lookingglassbc.com](mailto:scholarship@lookingglassbc.com).

Provided for: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Provided by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please write your letter of recommendation below. Please do not exceed one page.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_