**Looking Glass Foundation 2024 Reflections Scholarship Essay Form**

*There are three essay prompts on this form: the Reflections essay, Personal statement on recovery, and an optional financial need statement.* *Please note that the financial need statement is an optional space for you to further elaborate and/or clarify anything on your budget form, CRA Notice of Assessment, or anything else you’d like the committee to know about your financial situation.*

*Once you’ve completed the essays, please upload this essay form alongside other required documents on the final application form. Please save this document as a pdf prior to submitting*. *If you have any questions, please email* [*scholarship@lookingglassbc.com*](mailto:scholarship@lookingglassbc.com)*.*

Your name:

**Reflections essay (500 – 750 words maximum)**

Use this essay as an opportunity to reflect on your skills and interests, including any extra-curricular and volunteer activities, and what you hope to achieve in your education and as a person free from an eating disorder. What was your inspiration to pursue your chosen academic path and how does it connect to your long-term education and career goals? Please write your essay in the space below.

**Personal statement on recovery (300-500 words maximum)**

Please use the space below to write a short personal statement on your recovery. Use this statement as an opportunity to reflect on your unique eating disorder recovery journey: What did your journey look like and what supports helped along the way? Did you face any challenges or setbacks in recovery and how did you overcome them? What does recovery mean to you?

**Financial need statement (maximum 300 words)**

*(Optional essay)* Please use the space below to write a short statement on financial need. Your statement can speak to how this scholarship would impact your financial situation as it relates to education. Some questions you may consider are: What difficulties are you having in meeting financial needs? Where would the scholarship funds be going? Please also submit the budget form and your 2023 CRA Notice of Assessment separately (template provided on Looking Glass Scholarship webpage).