

Looking Glass Foundation – 2024 Reflections Scholarship

Frequently Asked Questions:

1. I'm from BC, but I go to university in another province. Can I still apply?

Yes! Students who are from BC (their primary or family residence is in BC) and who are enrolled in an accredited secondary or post-secondary institution in Canada are welcome to apply. Due to Looking Glass' mission to support BC individuals and families, we are no longer accepting applications from non-BC residents, but we do encourage you to seek out local opportunities.

2. What if I have never received support for my eating disorder?

We do require confirmation of having received some sort of support for an eating disorder. This could be from a doctor, nurse, therapist, dietitian, or other professional who has supported your recovery – you do not need to have gone through an inpatient program to be eligible. Confirmation should be provided as a written letter.

If you haven't received clinical support for your eating disorder but have actively participated in any of the Looking Glass programs for 1+ years, we will also accept that as meeting this requirement. Please send us an email at scholarship@lookingglassbc.com letting us know if this is the case or if you have any other questions related to this requirement.

3. Do I have to be recovered to apply?

We understand that recovery can be defined in many ways therefore we do not require applicants to be fully recovered before applying, however, applicants should be far enough along in their recovery to be able to meet the demands of their chosen program. We strongly encourage you to reflect on your readiness for education and urge you to ensure that you are accessing all the support you need as you go through your degree or chosen academic program.

4. I'm a mature student. Is there an age limit?

No. As long as you are enrolled in full-time undergraduate studies and this is your first undergraduate degree, you are eligible to apply!

5. How come graduate student and students entering secondary bachelor's degree studies are excluded from applying?

We recognize that graduate students and students entering secondary bachelor's degrees still face debt, but we also recognize that students entering a Master, PhD, or second bachelor's program have access to greater experience and expertise – especially when it

comes to submitting essays and applications. Narrowing the field to first-degree undergraduates keeps the competition fair.

6. How long do previous winners have to wait before they can reapply?

Previous winners are not eligible to apply. While we know that each semester presents new debt and new challenges for all students, our goal is to celebrate and support different students every year.

7. If I can't enroll in classes yet, how can I supply the verification of full-time enrollment?

We understand that many students do not register for classes until the summer, therefore we ask that you send us your copy of your acceptance letter or email/letter from Admissions as part of your application package. Once you've enrolled in courses, please email us a copy of your course schedule at scholarship@lookingglassbc.com to verify your full-time status.

You can also choose to include your course schedule as part of your application package if you've already completed course registration at the time of your application. Please note that any applicants who fail to verify their full-time student status by the application deadline will not be considered eligible.

8. I'm struggling to start my Reflections Essay and Personal Statement of Recovery – can you help?

Sometimes the best advice is: *just start!* Put together a draft, and then show it to someone who is a strong writer or has experience with applications and ask for constructive feedback. Revise.

And remember: Your academic goals and eating disorder experience is 100% unique. This is an opportunity to highlight your strengths, courage, resiliency, and ambition to pursue education. Embrace your identity outside of the ED and think about the things that deepen your recovery!

9. I do not have a 2023 CRA Notice of Assessment. What can I do?

To learn more about the CRA Notice of Assessment, please visit this [page](#) and contact us at scholarship@lookingglassbc.com if you have questions about the NOA or any of the required documents. We will do our best to guide you through the process and provide alternate options if necessary.

10. I'm having issues with the application form. What can I do?

Please contact us at scholarship@lookingglassbc.com or call 604.314.0548 if you are experiencing issues with submitting your application.

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FOUNDATION FOR EATING DISORDERS